



**Amphitheater
High School**



**Canyon del Oro
High School**



**Ironwood Ridge
High School**

**PARTICIPATION
FORMS
for
INTERSCHOLASTIC
ACTIVITIES**

2019 - 2020



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AMPHITHEATER PUBLIC SCHOOL DISTRICT CONDITIONS FOR INTERSCHOLASTIC PARTICIPATION

The Amphitheater Public School District sponsors a comprehensive interscholastic program for all students enrolled in our high schools. Student participation in interscholastic activities is governed by the rules and regulations established by the Amphitheater Public School District, the encompassing Region/Conference/League, the Arizona Interscholastic Association (AIA), and the National Federation of State High School Associations (NFHS).

Prior to participating in any practice session, in-season or off-season workout session, summer workout session, or athletic season, each student/participant **MUST**:

1. Be officially enrolled in, and attend, the high school in his/her designated attendance area. Any exceptions to the domicile requirement must be approved by the Athletic Office and the AIA prior to participation.
2. Be eligible in all areas of interscholastic eligibility in accordance with the rules and guidelines of the NFHS, AIA, the Region/Conference/League, Amphitheater Public School District, and site Athletic Department.
3. As a condition of interscholastic participation in the Amphitheater Public School District, each interscholastic participant and parent(s)/guardian(s) **MUST** read and agree to the attached rules and regulations. This information has been developed to provide for the safety and welfare of each participant. After reading this information, each parent/guardian and student-athlete is **REQUIRED TO SIGN** the following documents and return these documents to their high school. A student-athlete **CANNOT** participate until all items have been completed.

DOCUMENTS TO BE COMPLETED AND SIGNED BY THE INTERSCHOLASTIC PARTICIPANT AND PARENT/GUARDIAN:

- Acknowledgement of Rules and Terms for Interscholastic Participation
- Mild Traumatic Brain Injury (MTBI) / Concussion Statement (Concussion handouts available in the High School Athletic Office)*
- Annual pre-participation and Physical Evaluation Forms

DOCUMENTS TO BE COMPLETED AND SIGNED BY PARENT/GUARDIAN:

- Consent for Interscholastic Participation and Emergency Information

ADDITIONAL REQUIRED INFORMATION:

- Copy of last semester report card - incoming 9th graders and transfers only
- Paid participation fee
- Copy of birth certificate – first time participants only
- Completion and verification (certificate) of Brainbook – first time participants only

AMPHITHEATER PUBLIC SCHOOL DISTRICT ELIGIBILITY RULES FOR INTERSCHOLASTIC PARTICIPATION

The following are some of the more important eligibility rules that are set forth by the Amphitheater Public School District and the Arizona Interscholastic Association (AIA) for its member schools. Failure to comply with these rules can cause an athlete to be declared ineligible and all contests in which the athlete participated in to be forfeited.

1. Domicile rule – The parent/guardian domicile is defined as the place where a person has his/her true, fixed, and permanent home and to which, whenever absent, he or she has the intention of returning. A student shall have only one domicile for the purpose of athletic eligibility.

All students who wish to participate in athletics must have a parent or court appointed legal guardian domiciled in the **AMPHITHEATER PUBLIC SCHOOL DISTRICT** attendance zone.

A student who has a court appointed legal guardian must have the guardianship approved by the Arizona Interscholastic Association (AIA) prior to participation (see the Athletic Director).

Any exception to the domicile requirement must be approved by the Athletic Office and the AIA prior to participation. Please make an appointment to discuss your individual situation.

2. A student is privileged with eligibility for four consecutive seasons in each sport or activity and for eight consecutive semesters after he/she enrolls in the 9th grade (including 9th grade year).
3. A student who is a member of a high school team shall not compete in any other organization in the same sport during the interscholastic season of competition.
4. If a student becomes 19 years of age after September 1st, he/she is eligible to compete for the remainder of that school year, if all other qualifications are met.
5. **ACADEMIC ELIGIBILITY** – A student must be enrolled in a minimum of five courses the first six semesters of high school and a minimum, as determined by the District, during the seventh and eighth semesters. The configuration and method of course delivery shall be as determined by the member school.
 - Nine-week grades – Students who receive a nine-week grade of “T”, “F”, “NC”, “NM”, “U”, or a Grade Point Average of less than a 2.0, will be ineligible for at least four and one-half weeks. A student’s eligibility may not be reinstated prior to the Tuesday of the fifth week. **Please review the schedule of eligibility reinstatement dates with your administrator.**
 - Students may use summer school to regain eligibility for fall participation if they meet the established criteria. **You MUST see your administrator in charge of interscholastic participation prior to enrolling in summer school for eligibility requirements.**
6. “The Amphitheater Public School District therefore maintains a zero tolerance, “24/7” policy, on the use of tobacco, drugs, or alcohol by interscholastic participants. Any interscholastic participant who uses, possesses, or transfers alcohol, drugs, or tobacco, **at any time** during their active season of competition will be immediately removed from the activity for the balance of the season. **This rule applies 24 hours a day, seven days a week, regardless of a student’s location.**”
7. All participants must have passed ALL previous semester’s classes. Students may tryout and practice in an activity but may not compete until academic eligibility is restored. Refer to rule 5, above.
8. Students **MUST** attend all classes on the day of practice or competition. **Exceptions** must be cleared through the Athletic/Activities Office prior to the absence. Violation of this rule will result in a period of ineligibility of no less than one competition.
9. All senior participants must have taken all required AzMERIT tests prior to being eligible to compete during

their seventh and eighth semester of high school.

10. Each student-athlete must pay a \$76.00 athletic participation fee for each sport/activity in which he/she competes. This fee is **non-refundable** after the first contest.
11. Before a participant can **TRYOUT OR PRACTICE**, he/she must have the following on file:
 - a) Signed Consent for **Interscholastic Participation form and Emergency Information**
 - b) Signed **Acknowledgement of Rules and Terms** - Interscholastic Participation form
 - c) **Mild Traumatic Brain Injury (MTBI) / Concussion Statement** form
 - d) Completed **pre-participation forms and Physical Examination** forms
 - e) Paid the **Athletic Participation Fee** (receipt from Bookstore)
 - f) Completion and verification (certificate) of Brainbook – first time participants only
 - g) Copy of **birth certificate** - first time participants only
 - h) Copy of **last semester report card** - incoming 9th graders and transfers only
12. The Amphitheater Public School District does not provide medical insurance coverage for students who are involved in interscholastic sports. The parent(s)/guardian(s) are responsible for all medical costs due to any injury that may occur during normal practice or actual competition.
13. If any student is injured, they should see the Athletic Trainer as soon as possible. The Athletic Trainer will assess the injury and may make specific recommendations. Prior to returning to practice or competition, an injured athlete must be cleared by the Athletic Trainer.
14. Students involved in athletics will be issued school equipment. All equipment is numbered and students **MUST RETURN THE EXACT EQUIPMENT THEY WERE ISSUED TO AVOID HAVING TO PAY FOR ITS REPLACEMENT. EQUIPMENT/UNIFORM LAUNDRY DIRECTIONS SHOULD BE CAREFULLY FOLLOWED.** Damage from improper laundering of equipment is the responsibility of the student. If the equipment is not returned within 10 school days following the end of the sport season (whether lost or stolen), you will be automatically charged full replacement value for the equipment. **The Amphitheater Public School District is not responsible for any items or valuables in locker rooms/lockers.**
15. Athletic equipment is not to be worn for personal use. If an athlete is wearing school issued equipment for non-game activities, the equipment will be confiscated.
16. Athletes who are ejected from any contest are ineligible for the remainder of the contest and the next scheduled contest. Students ejected for a second time are ineligible for the next two contests. A third ejection will result in the student becoming ineligible for the remainder of the sport season. Athletes who are involved in altercations or disruptions of any kind before or after the contest may be subject to a two-game contest suspension.
17. Athletes who quit an athletic team during the sport season may not tryout for another sport in the same season, and may not tryout for another sport until after the season of competition is over for the sport he/she quits. Exception is a written waiver from the Head Coach from the sport from which he/she quit.
18. All students will travel to events on District transportation and will abide by all District bus rules and regulations.
19. Participation in off-season fundraising does not guarantee a spot on the roster or playing time. Participation in off-season camps does not guarantee a spot on the roster or playing time. There will be no individual refunds on any funds raised. All funds go into the team account.
20. The coaching staff in each sport establishes letter awards criteria.

AMPHITHEATER PUBLIC SCHOOL DISTRICT INTERSCHOLASTIC PARTICIPANT CODE OF CONDUCT

Participation in interscholastics is a privilege. Interscholastic participants **EARN** the privilege to participate by adhering to high standards of personal conduct and ethical behavior as found within the six core principles of sportsmanship; **Trustworthiness, Respect, Responsibility, Fairness, Caring, and Good Citizenship**. These standards are intended to exemplify good character traits and are rationally related to the educational process. “Students **SHOULD** be aware that their personal conduct and attitude **MUST** reflect high standards of respect, behavior, and loyalty.” Interscholastic participants are given **UNIQUE** opportunities. Therefore, they have a **REQUIRED** responsibility to themselves, their team, school, and community.

It is the **RESPONSIBILITY** of the interscholastic participant and his/her parent(s)/guardian(s) to be familiar with the standards of student conduct, residency requirements, and Amphitheater Public School District, Region/Conference/League, AIA eligibility, and school guidelines.

STUDENT CONDUCT:

1. Refrain from the use or possession of alcohol, drugs, or tobacco.
2. Refrain from any form of hazing of fellow students.
3. Refrain from the use of foul language.
4. Maintain high standards of conduct as a student and as a citizen.
5. Submit all “Participation Forms” with accurate information to the Athletic Department.
6. Do not attempt to circumvent any rules or guidelines of the Amphitheater Public School District, AIA, or school.

STUDENT RESIDENCE REQUIREMENT:

1. Attend the school in the student’s designated attendance zone (see Athletic Office with questions).
2. Reside with parent(s)/legal guardian(s) at the primary residence address of the student’s parent(s)/legal guardian(s).

STUDENT ATHLETIC AGREEMENT:

1. Abide by the “Student-Athlete’s Code of Conduct.” Model the “Pursuing Victory with Honor, Six Pillars of Character”, in all that you do.
2. Pledge to be positive about your athletic experience and accept responsibility for your actions.
3. Seek academic help if grades are poor.
4. Maintain scholastic eligibility (comply with school, Amphitheater Public School District, and AIA guidelines).
5. Create, maintain, and promote team morale and high ideals of sportsmanship.
6. Be a positive role model for others.
7. Dress properly at school and observe proper etiquette.
8. Be responsible for all issued equipment.
9. Respect and abide by decisions of officials on the court/field.

It is understood that it is impossible to have a regulation for every circumstance. Discretionary judgment will be used in situations not covered by a specific written rule or guideline. A student-athlete or his/her parent(s)/guardians(s) may obtain an explanation of any part of the Student-Athlete’s Code of Conduct from a coach, the school’s Athletic Director, or the school district’s Athletic Administrative Office.

**AMPHITHEATER PUBLIC SCHOOL DISTRICT
INTERSCHOLASTIC PARENT/GUARDIAN CODE OF CONDUCT**

The essential elements of character building and ethics in athletics are embodied in the concept of sportsmanship and six core principles: **Trustworthiness, Respect, Responsibility, Fairness, Caring, and Good Citizenship**. The highest potential of athletics is achieved when competition reflects these “**Six Pillars of Character.**”

A good faith effort to honor the words and spirit of the following code of conduct should be made.

PARENT/GUARDIAN CONDUCT:

1. Pledge to provide positive support, care, and encouragement to my student-athlete and his/her team, coaches, and school.
2. Pledge to provide positive support and encouragement to the visiting team, their coaches, and school.
3. Maintain positive behavior and attitude at all athletic contests.
4. Respect the position and professionalism of the game official.
5. Refrain from the use of foul language.
6. Refrain from yelling criticism at my student-athlete and his/her coach or team.
7. Refrain from interfering with the coach.
8. Be willing to let the coach be responsible for my student during practice, games, and team related activities.
9. Refrain from making derogatory comments to players, other parents, game officials, or school administrators.
10. Sign and submit, with accurate information, all required participation forms to the Athletic Office.
11. Will not circumvent any rules or guidelines of the AIA, Amphitheater Public School District, or school.
12. Refrain from interfering with practices or games.
13. Respect and accept, with dignity, the final decisions of officials.

PARENT/GUARDIAN AGREEMENT:

1. Abide by the “Parent/Guardian Code of Conduct.”
2. Encourage my student to abide by the “Student-Athlete Code of Conduct.”
3. Encourage good sportsmanship by personally demonstrating positive support for all players, coaches, and game officials.
4. Be involved in my student’s interscholastic program.
5. Ask my student-athlete to treat other players, coaches, fans, and officials with respect, regardless of race, sex, creed, or ability.
6. Encourage my student-athlete to attend school on a regular basis and strive to excel academically.
7. Inform my student-athlete of the dangers of using and discourage the use of, illegal drugs, alcohol, or tobacco.
8. If my student is injured, I will assure that he/she does not participate until the student-athlete has been released by the treating physician and Athletic Trainer.

It is the policy of the Amphitheater Public School District Interscholastic Department that grievances should not be addressed during or immediately after any practice or athletic contest. If a situation arises where a parent or guardian wishes to meet with a coach or address a specific issue or complaint, the following steps should be followed: (1) request a meeting at school with the coach; (2) if the problem is unresolved, arrange an appointment with the school’s Athletic Director.

AMPHITHEATER PUBLIC SCHOOL DISTRICT INTERSCHOLASTIC SPORTSMANSHIP/COMMUNICATION

Over the years, the Amphitheater Public School District has developed one of the state's richest interscholastic traditions. Our interscholastic participants are known for their determination, hard work, and competitiveness. Many of our teams have been recognized at the local, state, and national level for their outstanding achievements.

Interscholastic activities play an integral part in a student's overall educational experience. The Amphitheater Public School District takes great pride in producing a quality educational experience and a "Tradition of Interscholastic Excellence."

The National Federation of State High School Associations (NFHS), the Arizona Interscholastic Association (AIA), and the Amphitheater Public School District believe that co-curricular activities promote citizenship and sportsmanship. They instill a sense of pride in community, teach lifelong lessons of teamwork and self-discipline, and facilitate the physical and emotional development of our student-athletes.

As an educational institution, our school is committed to teaching our young people to set goals, strive for excellence, and to properly handle whatever adversity they encounter along the way. This aim is the same both in the classroom and on the playing field.

The greatest challenge to good sportsmanship is adversity. When things are not going well, it is easy to blame others rather than ourselves. When this is done, the focus shifts from a positive, "play hard" attitude, to a negative, "woe is me!" We believe it is important for our students to maintain a positive approach to handling adversity. We need the support of our parents as role models if we are to accomplish this.

Parent/Coach Relationship:

We are pleased that you and your student have chosen to be involved in the interscholastic program at your school. Our goal is to provide a positive experience for all involved. Open communication is the most important factor contributing to this goal. By developing these communication lines, we will be able to resolve questions before they become conflicts.

As a parent/guardian, you have a right to know what expectations are placed on your student. The following is designed to spell out all levels of communication so that parents, coaches, and athletes are aware of the steps they have available to resolve anything they think is, or might become, an issue:

Communication you should expect from your student's coach:

1. Philosophy of the coach.
2. Coaches' expectations for your student, as well as the players on the team.
3. Team requirements (i.e. fees, special equipment, and off-season conditioning).
4. Location and times of all practices and contests.
5. Discipline that results in the denial of your student's participation.

Communication coaches expect from parents/guardians:

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflict well in advance.
3. Specific concerns regarding a coach's philosophy and/or expectations.

The interscholastic activity experience may offer some of the most rewarding moments of a student's life. However, it is important to remember that there may be times when things will not go the way that you or your student wishes.

Appropriate concerns to discuss with coaches:

1. The treatment of your student, mentally and physically.
2. Ways to help your student improve.
3. Concerns about your student's behavior.

It is difficult to accept that your student may not play as much as you would hope. Coaches are professionals. They make judgment decisions based on what they believe to be the best for all students involved. As you have seen from the list above, certain issues can and should be discussed with your student's coach.

Issues NOT appropriate to discuss with coaches:

1. Playing time.
2. Team strategy.
3. Play calling.
4. Other student-athletes.

There are situations that may require a conference between coaches and a parent/guardian. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue of concern.

If you have a concern to discuss with a coach, follow this procedure:

1. Call the coach to set up an appointment.
2. If the coach cannot be reached, call the school office.
3. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent/guardian and the coach. Meetings of this nature usually do not promote resolution.

What a parent/guardian can do if the meeting with the coach did not provide a satisfactory resolution:

1. Call and set up an appointment with the Athletic Director to discuss the situation.
2. At this meeting, the appropriate next step can be determined.

Research indicates that a student involved in co-curricular activities has a greater chance of success during adulthood. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provided will make both your student's and your experience, with the Amphitheater Interscholastic Program, less stressful and more enjoyable.

NEW SPORTS AND/OR LEVELS REQUESTS

If you would like to request a new sport or a new level of a particular sport, please go to the following link:

<http://www.amphi.com/Page/11899>

Please note, only **ONE** new sport and/or sport level may be requested at a time. If you have a request for multiple sports, you will need to fill out the survey for **EACH** particular sport (new sport or new sport level).

Please contact your school's Athletic Office if you need assistance completing the form electronically.

All requests will be reviewed by the Amphitheater Public School District Director of Interscholastic Activities, Associate to the Superintendent and General Counsel, Superintendent, and the Governing Board.



ARIZONA INTERSCHOLASTIC ASSOCIATION, INC.
7007 N 18th Street, Phoenix, Arizona 85020-5552
Phone: (602) 385-3810 Fax: (602) 385-3779

AIA POSITION STATEMENT SUPPLEMENTS, DRUGS AND PERFORMANCE ENHANCING SUBSTANCES

PURPOSE OF FORM: All AIA Member schools are required to ANNUALLY communicate this AIA Position Statement on the use of supplements, drugs and performance enhancing substances to every participant in interscholastic activities (See Article 14, Section 14.13.2).

The Arizona Interscholastic Association (AIA) views sport, and the participation of student-athletes in sports, as an activity that enhances the student-athlete's well-being by providing an environment and stimulus that promotes growth and development along a healthy and ethically based path.

- **It is the position of the AIA that a balanced diet, providing sufficient calories, is optimal for meeting the nutritional needs of the growing student-athlete.**
- **It is the position of the AIA that nutritional supplements are rarely, if ever, needed to replace a healthy diet.**
- **Nutritional supplement use for specific medical conditions may be given individual consideration.**
- **The AIA is strongly opposed to “doping”, defined as those substances and procedures listed on the World Anti- Doping Agency’s Prohibited List (www.wada-ama.org).**
- **It is the position of the AIA that there is no place for the use of recreational drugs, alcohol, or tobacco (e-cigarettes) in the lifestyle of the student-athlete. The legal consequences for the use of these products by a student-athlete are supported by the AIA.**

In pursuit of **Victory with Honor**, the AIA promotes the use of exercise and sport as a mechanism to establish current fitness and long-term healthy lifetime behaviors. It is the position of the AIA that the student-athlete, who consumes a balanced diet, practices sport frequently and consistently, and perseveres in the face of challenges, can meet these goals.



MEMORANDUM

TO: Amphitheater District Student-Athletes

SUBJECT: Brainbook Requirement – Concussion Education

DATE: June 1, 2012

At the March 2, 2012 Legislative Council meeting, the Arizona Interscholastic Association formally approved Bylaw 14.14 that pertains to concussion education. This rule states: **“All student-athletes shall complete the Brainbook online concussion education course. Student-athletes participating in sports as of the 2011-12 school year shall complete the course. All student-athletes shall complete the course prior to participation in practice or competition. Note: The Brainbook online concussion education course must be completed by a student-athlete only once.”**

In order to comply with this requirement, all students must complete the Brainbook online course prior to being cleared for Interscholastic Activities. You are only required to complete Brainbook once during your high school career.

Brainbook is a free online course that can be accessed through the AIA Academy or by using this link: <http://aiaacademy.org/users/login/brainbook>. We encourage not only the students of our District to complete the course, but also their parent(s)/guardian(s). Once at the site, parent(s)/guardian(s) may use the Non-Student Course link.

Upon completion of the Brainbook course, students will print a completion certificate. Please bring a copy of the student’s completion certificate with your other clearance paperwork.

Please contact your site’s Athletic Department if you have trouble completing Brainbook or if you have other questions that may arise.

**AMPHITHEATER PUBLIC SCHOOL DISTRICT CONSENT
FOR INTERSCHOLASTIC PARTICIPATION AND
EMERGENCY INFORMATION**

Student's Name _____ Birth Date _____ Sex _____ Grade _____

Address _____ City _____ Arizona Zip Code _____

Mother/Guardian's Name _____

Home Phone _____ Cell Phone _____ Work Phone _____

Father/Guardian's Name _____

Home Phone _____ Cell Phone _____ Work Phone _____

In case of emergency, and a parent/guardian cannot be contacted, the school is authorized to proceed as indicated below in the order listed.

Name (friend/relative) _____ Phone Number _____

Name (friend/relative) _____ Phone Number _____

Family Physician's Name _____ Phone Number _____

Family Dentist's Name _____ Phone Number _____

Hospital Preference _____

Known Allergies _____

Parent(s)/Guardian(s) Permission:

I/We give our permission for the above named student to participate in organized school athletics, realizing that such activity involves the potential for injury and/or transmittable disease that are inherent risks in all sports. I/We acknowledge that even with qualified coaching, use of approved equipment, and strict observance of rules, injuries and/or transmittable diseases are still a possibility. On rare occasions, these injuries and/or transmittable diseases can be so severe as to result in total disability, paralysis, or even death.

Consent for Emergency Care:

If emergency medical action or treatment is required, and the parent/guardian cannot be contacted, I hereby authorize my child to be given emergency medical care as deemed necessary by school officials. I understand that any expenses incurred will be the financial responsibility of the parent/guardian, or insurance coverage provided by the parent/guardian, and that medical or other expenses are not the responsibility of the school or the school district. It is hereby understood that the consent and authorization given and granted by this form are continuing, and are intended to extend throughout the current school year.

Extra-Curricular Activities Insurance:

I certify we have medical and hospital insurance to cover the above named student. The name of the insurance company is as follows:

Name of Company _____ Policy # _____

Address _____

Parent/Guardian Signature

Date

**AMPHITHEATER PUBLIC SCHOOL DISTRICT INTERSCHOLASTICS
ACKNOWLEDGEMENT OF RULES AND TERMS OF INTERSCHOLASTIC PARTICIPATION**

We, the student-athlete and parent(s)/guardian(s) of the student-athlete, acknowledge that we have read and understand the terms, rules, and information presented in the attached documents:

1. Conditions for Interscholastic Participation
2. Eligibility Rules for Interscholastic Participation
3. Student-Athlete Code of Conduct
4. Parent/Guardian Code of Conduct
5. Sportsmanship/Communication
6. Physical Evaluation
7. Physical Examination
8. Consent for Interscholastic Participation and Emergency Information
9. AIA Position Statement
10. Acknowledgement of Rules and Terms of Interscholastic Participation
11. Brainbook Requirement – Student Concussion Education
12. Mild Traumatic Brain Injury (MTBI) / Concussion Annual Statement

We acknowledge:

1. Our family’s primary residence address is _____;
2. This address is located in _____ High School’s attendance area;
and,
3. The student-athlete lives with the parent(s) or court appointed legal guardian(s) at the primary residence address.

We acknowledge that we have saved these documents for future reference and we will abide by all terms and conditions contained therein.

1. Conditions for Interscholastic Participation
2. Eligibility Rules for Interscholastic Participation
3. Student-Athlete Code of Conduct
4. Parent/Guardian Code of Conduct
5. Sportsmanship/Communication
6. AIA Position Statement

We agree that these rules and terms of interscholastic participation are important to the safety and well-being of our interscholastic participant. We agree to abide by these rules and the terms of interscholastic participation and to conduct ourselves accordingly.

Signed: _____
Student-Athlete **Date** **Parent/Guardian** **Date**



Arizona Interscholastic Association, Inc.

Mild Traumatic Brain Injury (MTBI) / Concussion

Annual Statement and Acknowledgement Form

I, _____ (student), acknowledge that I have to be an active participant in my own health and have the direct responsibility for reporting all of my injuries and illnesses to the school staff (e.g., coaches, team physicians, and athletic training staff). I further recognize that my physical condition is dependent upon providing an accurate medical history and a full disclosure of any symptoms, complaints, prior injuries and/or disabilities experienced before, during or after athletic activities.

By signing below, I acknowledge:

- My institution has provided me with specific educational materials including the CDC Concussion fact sheet (<http://www.cdc.gov/headsup/highschoolsports/index.html>) on what a concussion is and has given me an opportunity to ask questions. **(Concussion handouts available in the athletic office)**
- I have fully disclosed to the staff any prior medical conditions and will also disclose any future conditions.
- There is a possibility that participation in my sport may result in a head injury and/or concussion. In rare cases, these concussions can cause permanent brain damage, and even death.
- A concussion is a brain injury, which I am responsible for reporting to the team physician or athletic trainer.
- A concussion can affect my ability to perform everyday activities, and affect my reaction time, balance, sleep, and classroom performance.
- Some of the symptoms of concussion may be noticed right away while other symptoms can show up hours or days after the injury.
- If I suspect a teammate has a concussion, I am responsible for reporting the injury to the school staff.
- I will not return to play in a game or practice if I have received a blow to the head or body that results in concussion related symptoms.
- I will not return to play in a game or practice until my symptoms have resolved AND I have written clearance to do so by a qualified health care professional.
- Following concussion the brain needs time to heal and you are much more likely to have a repeat concussion or further damage if you return to play before your symptoms resolve.

Based on the incidence of concussion as published by the CDC the following sports have been identified as high risk for concussion; baseball, basketball, diving, football, pole vaulting, soccer, softball, spirit line, and wrestling.

I represent and certify that I and my parent/guardian have read the entirety of this document and fully understand the contents, consequences and implications of signing this document and that I agree to be bound by this document.

Student-Athlete:

Print Name: _____ Signature: _____

Date: _____

Parent or legal guardian must print and sign name below and indicate date signed:

Print Name: _____ Signature: _____

Date: _____



CONSENT TO TREAT FORM

2019 - 2020

Parental consent for minor athletes is generally required for sports medicine services, defined as services including, but not limited to, evaluation, diagnosis, first aid and emergency care, stabilization, treatment, rehabilitation and referral of injuries and illnesses, along with decisions on return to play after injury or illness. Occasionally, those minor athletes require sports medicine services before, during and after their participation in sport-related activities, and under circumstances in which a parent or legal guardian is not immediately available to provide consent pertaining to the specific condition affecting the athlete. In such instances it may be imperative to the health and safety of those athletes that sports medicine services necessary to prevent harm be provided immediately, and not be withheld or delayed because of problems obtaining consent of a parent/guardian.

Accordingly, as a member of the Arizona Interscholastic Association (AIA), _____ (**name of school or district**) requires as a pre-condition of participation in interscholastic activities, that a parent/guardian provide written consent to the rendering of necessary sports medicine services to their minor athlete by a qualified medical provider (QMP) employed or otherwise designated by the school/district/AIA, to the extent the QMP deems necessary to prevent harm to the student/athlete. It is understood that a QMP may be an athletic trainer, physician, physician assistant or nurse practitioner licensed by the state of Arizona (or the state in which the student/athlete is located at the time the injury/illness occurs), and who is acting in accordance with the scope of practice under their designated state license and any other requirement imposed by Arizona law. In emergency situations, the QMP may also be a certified paramedic or emergency medical technician, but only for the purpose of providing emergency care and transport as designated by state regulation and standing protocols, and not for the purpose of making decisions about return to play.

PLEASE PRINT LEGIBLY

"I, _____, the undersigned, am the parent/legal guardian of, _____, a minor and student/athlete at _____ who intends to participate in interscholastic sports and/or activities.

I understand that the school/district/AIA employs or designates QMP's (as defined above) to provide sports medicine services (as also defined above) to the school's interscholastic athletes before, during or after sport-related activities, and that on certain occasions there are sport-related activities conducted away from the school/district facilities during which other QMP's are responsible for providing such sports medicine services. I hereby give consent to any such QMP to provide any such sports medicine services to the above-named minor. The QMP may make decisions on return to play in accordance with the defined scope of practice under the designated state license, except as otherwise limited by Arizona law. I also understand that documentation pertaining to any sports medicine services provided to the above-named minor, may be maintained by the QMP. I hereby authorize the QMP who provides such services to the above-named minor to disclose such information about the athlete's injury/illness, assessment, condition, treatment, rehabilitation and return to play status to those who, in the professional judgment of the QMP, are required to have such information in order to assure optimum treatment for and recovery from the injury/illness, and to protect the health and safety of the minor. I understand such disclosures may be made to above-named minor's coaches, athletic director, school nurse, any classroom teacher required to provide academic accommodation to assure the student/athlete's recovery and safe return to activity, and any treating QMP.

If the parent believes that the minor is in need of further treatment or rehabilitation services for the injury/illness, the minor may be treated by the physician or provider of his/her choice. I understand, however, that all decisions regarding same day return to activity following injury/illness shall be made by the QMP employed/designated by the school/district/AIA.

Date: _____ Signature: _____