

# **CRITERIA FOR SEAL OF EXCELLENCE IN PHYSICAL EDUCATION CANYON DEL ORO HIGH SCHOOL**

## **Criteria**

1. Student must complete 2 semesters of physical education classes required by Amphitheater District.
2. Students must complete at least four additional semesters of any combination of the following:
  - A) Volleyball
  - B) Basketball
  - C) Aerobics/Total Body Fitness
  - D) Weight training
  - E) Sports Conditioning/ Advanced Sports Conditioning
  - F) Team sports
3. Students must have an 'A' average for all Physical Education courses taken. (All applicants' grades will be verified by department chair.)
4. Students must have the recommendation of one Physical Education teacher.
5. Students must submit an application for approval by the Physical Education Department. Applications must be turned in by the first Friday in April. Failure to do so will result in forfeit of consideration by the department.
6. Student must turn in copy of **transcript** with application. (Copies may be obtained from the registrar.)