Volleyball
Physical Education Course Syllabus
Miss Broberg

Bachelors Degree – University of Minnesota 2002
Masters of Education - University of Minnesota 2003
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Student or parent conferences can be set up by request.

Course Description: Students will learn strategies and practice skills in volleyball and related volleyball games, as well as officiating techniques. Many different basic volleyball drills will be used leading up to game play. Techniques and fundamentals will be stressed through developmental games and then incorporated into game play.

Course Objectives:
✓ Students will improve fitness levels by learning and participating in the game of volleyball.
✓ Students will improve their knowledge of fitness as it applies to them now and in the future.
✓ Students will learn skills and rules necessary to actively participate in the game of volleyball for which they would be interested in for a lifetime of fitness.
✓ Students will learn the basic principles of fitness and improve quality of life by concentrating on these basic principles.
✓ State Standards: Health standards 1-7.

Books: No textbooks are required. However there will be reading assignments, i.e. handouts, etc.

Uniform: Approved PE uniforms are highly encouraged for PE classes at IRHS. Students may purchase shirts and shorts sold in the Bookstore, or they may wear IRHS logo shirts and shorts they have acquired through sports or IRHS fundraisers. Athletic shoes are required. Shoes must be supportive, rubber soled and preferably lace up. Proper footwear helps prevent foot and ankle injuries!

Grading Policy: Grading will be based upon participation, assignments, quizzes and final exam. A traditional scoring scale will be used.

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<thead>
<tr>
<th>Percentage</th>
<th>Grade</th>
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<tbody>
<tr>
<td>100%-90%</td>
<td>A</td>
</tr>
<tr>
<td>89%-80%</td>
<td>B</td>
</tr>
<tr>
<td>79%-70%</td>
<td>C</td>
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<td>69%-60%</td>
<td>D</td>
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<tr>
<td>59%-Below</td>
<td>F</td>
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This is a participation class. Each day you will have the chance to earn 10 points. To earn these points you must be dressed appropriately in workout gear. Athletic shoes must be worn. Students are not graded on their abilities, but rather on a reasonable effort and attitude for each day’s activities. Deductions to daily grade are as follows:

5 points - Tardy, Food in Gym
5 -10 points - Poor Effort, Inappropriate Attitude, Unsafe or Disrespectful Behavior
7 points - Partial or No Dress Out

*If you do not dress out, you are still expected to participate. Failure to do so may result in an administrative referral.

Because we will work around injuries, and we will loan students clothes that need them there is no reason for a student to earn anything less than full credit everyday. However, students that behave poorly, do not dress out, are absent often, fail to follow teacher instructions and are tardy
will find poor grades as a result. Cheating is forbidden and will result in a zero for that assignment, quiz or test. If a student will be receiving a note from a doctor because of injury or illness please ask the doctor what the student is allowed to do. Grades will be posted online and updated every week.

**Excused Non-Participation Day:** If a student is ill or injured and is not able to participate in the day’s activities a parent must call, email, or write a note to excuse them. If the illness or injury is serious and requires a length of time for recovery a doctor’s note is required. All excused non-participation days require written make-up work in order to earn credit for the days missed.

**Make up work:** Students may make up (earn back 10 daily points missed) an excused absence or an excused non-participation day. It is the student’s responsibility to acquire the make-up assignments from the following webpage: [http://www.amphi.com/schools/irhs/teacher-staff/ms-broberg.aspx](http://www.amphi.com/schools/irhs/teacher-staff/ms-broberg.aspx) Make-up assignments should be completed within 2 weeks from the absence or no credit will be given.

**Cell Phones:** Cell phones are not allowed in class. They are to be left in the locker room, locked safely away. **This is your warning that they are not allowed in class.** If a cell phone is in class the following are the consequences:

**First Offense:** Devise confiscated by the classroom teacher and returned to the student at the end of the class period.

**Second Offense:** Devise confiscated by the classroom teacher and brought to the office administrator. Device will be returned to the student at the end of the school day and detention assigned.

**Third Offense:** Devise confiscated by the classroom teacher and brought to the office administrator. Parent contacted to recover the item from the school administrator and detention assigned.

**Punctuality:** Being on time to class means that you are in the gym, dressed, and ready to begin class 7 minutes into the class period. If you arrive late the following will occur:

**Tardies #1-3:** Teacher will document the dates of tardy 1, tardy 2, and tardy 3; inform the student, contact parent, and loss of daily points will occur.

**Tardy 4:** Teacher forwards the Administrative Referral Form with discipline history (warnings, parent contact, etc.) to the office. The student remains in the classroom for the entire period. The student will be assigned an administrative consequence such as detention or loss of off-campus privileges.

**Expectations of the students:** In order to have the best chance of being successful in class, you must:

1. Attend Class
2. Be on Time
3. Dress Out
4. Participate
5. Listen
6. Show Respect for Self, Peers, and Teachers

**Discipline Procedures:**

1. Warning and loss of points
2. Removal from activity, loss of all daily points
3. Conference with parent, counselor or principal if deemed necessary

“Intelligence and skill can only function at the peak of their capacity when the body is healthy and strong.” John F. Kennedy