Career Dialog Postscript: Personal Reflection

Thoughtfully reflect on what you learned from this process. In a personal narrative, respond to all questions below with answers that demonstrate introspection and critical thinking.

The Interview

- Who did you chat with? Provide the person’s name, employer or school, title/position or level in school, and general career field or degree program.
- What was the most valuable thing you took away from the conversation?
- What were you surprised to learn? What do you want to explore in more depth?
- Are you still interested in pursuing a career or degree in that field? Explain your answer.
- Consider what you know about yourself (your talents, interests, skills, work ethic, goals, etc.), what did you learn that will help you find your own career path?

The process (all steps: from preparing the questions to writing the thank-you note).

- What went well? What could have gone better?
- Describe the value of the experience. Helpful or not so much?
- What advice would you give a future internship student? What do you wish you had known before starting this project?
- How did you find someone to talk with for this assignment? What challenges did you face?
- Based on what you learned, give your “future self” some good advice. What specific things do you want to remember and act on as you pursue own career development?