

**SEX EDUCATION/MATURATION
6th GRADE**

LESSON 1 – Girls

STUDENT GOALS:

- A. Understand purpose of reproductive system
- B. Become familiar with accurate nomenclature of the female reproductive organs
- C. Become acquainted with basic facts regarding functions of the female reproductive organs
- D. Understand the development of the reproductive system and accompanying physical, psychological, and emotional changes are normal and expected

LESSON 1 – Boys

STUDENT GOALS:

- A. Understand purpose of reproductive system
- B. Become familiar with accurate nomenclature of the male reproductive organs
- C. Become acquainted with basic facts regarding functions of the male reproductive organs
- D. Understand the development of the reproductive system and accompanying physical, psychological, and emotional changes are normal and expected

LESSON 2 - Girls

STUDENT GOALS:

- A. Become acquainted with the basic facts regarding male reproductive system
- B. Become familiar with accurate nomenclature of the basic male reproductive organs
- C. Recognize physical changes which occur during puberty
- D. Understand that differences occur in rates of maturation

LESSON 2 – Boys

STUDENT GOALS:

- A. Become acquainted with the basic facts regarding female reproductive system
- B. Become familiar with accurate nomenclature of the basic female reproductive organs
- C. Recognize physical changes which occur during puberty
- D. Understand that differences occur in rates of maturation

LESSON 3

STUDENT GOALS:

- A. Develop a respect for their own and others' bodies
- B. Become aware of self-care changes required during puberty
- C. Gain an awareness of internal external pressures which can affect attitudes and behaviors during this stage of development
- D. Hygiene

LESSON 4

STUDENT GOALS

- A. Begin developing an awareness of issues, responsibilities, and risks of adolescent relationships
- B. Have an awareness of many of the myths surrounding sexual development
- C. Identify good sources of information to assist in their learning about physical development and changes

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Student _____ Teacher _____

____My student has permission to participate in the entire sex education/maturation program for Grade 6.

____My student has permission to participate in only the following lessons: _____

____My student does not have permission to participate in any part of the sex education/maturation program for Grade 6.

Parent/Guardian Signature _____ Date _____