



NEW!
VIRTUAL CUBS
ADAPTIVE FITNESS



CHILDREN'S CLINICS CUBS
VIRTUAL
ADAPTIVE FITNESS



Join us for fun, physical activities from
your living room!



STAY ACTIVE. GET FIT. EARN PRIZES!
JOIN US TODAY!

OPEN TO ALL AGES & ABILITIES*

*contact us for questions about your child's unique
needs

REGISTER YOUR CUB TODAY:

[CHILDRENSCLINICS.ORG/REGISTER](https://childrensclinics.org/register)

SIGN UP TODAY FOR FREE ADAPTIVE FITNESS

JOIN OUR VIRTUAL KIDS FITNESS PROGRAM FOR ALL AGES & ABILITIES

- Led by a pediatric physical therapist
- Weekly videos & office hours with your coach
- Modifications for all levels of fitness/mobility
- Earn prizes for completing activities
- Maintain a healthy lifestyle
- Improve physical & mental wellbeing

REGISTER NOW!

www.childrensclinics.org/register
520-324-3611
info@childrensclinics.org



**Children's
Clinics**

Comprehensive Care for Kids & Teens



Children's Clinics Adaptive Recreation Program believes ALL children are athletes.
This virtual fitness program is designed to be inclusive and accessible for children and youth
with special healthcare needs.