

Let's talk about taking care of you!

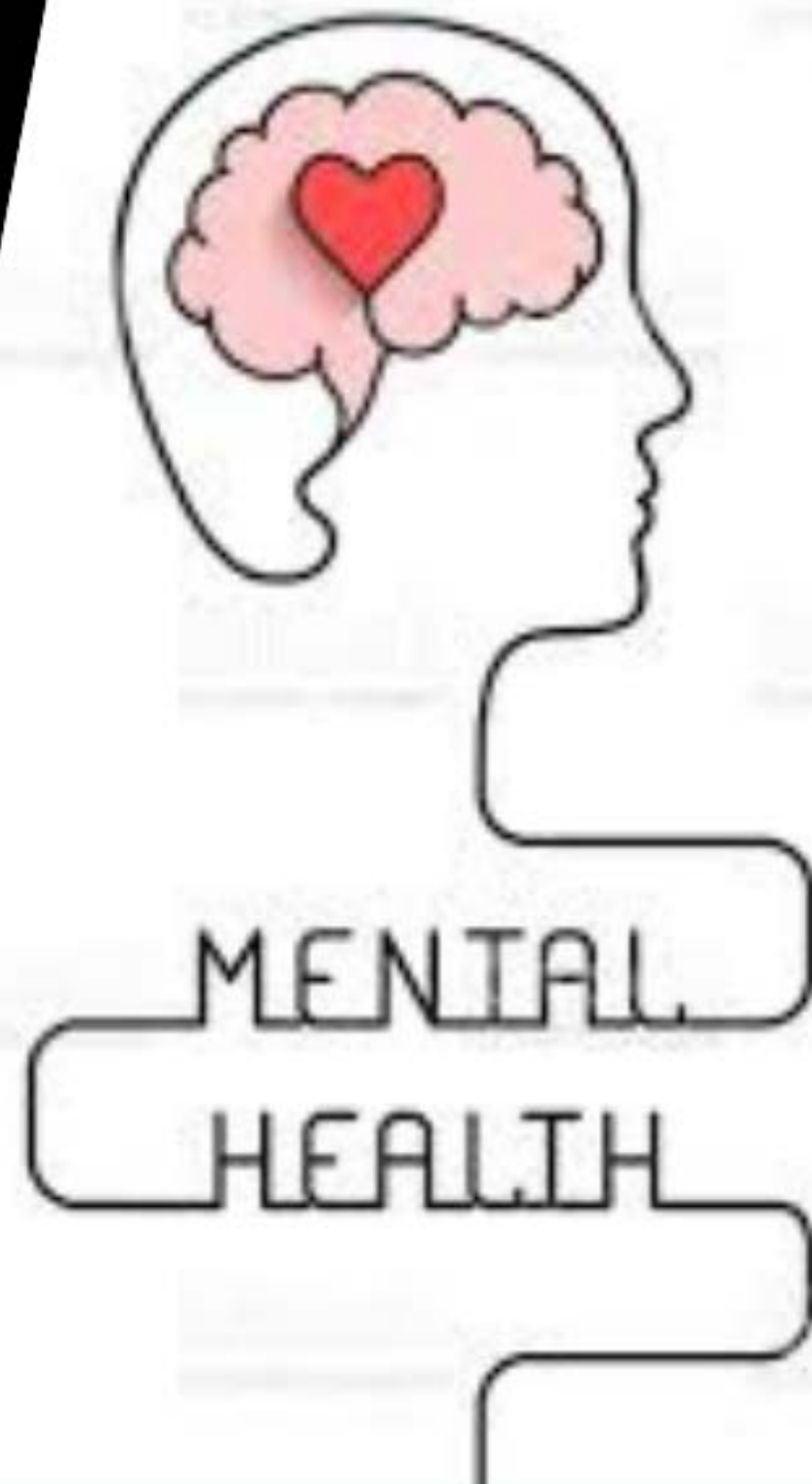
*Safe Space (Espacio Seguro):
Mental and Emotional
Wellness During COVID-19
For Parents & Teens (13+)*

*Saturdays 12:15pm-1:45pm.
Starting January 30th, 2021.*

Classes are via ZOOM.

REGISTER NOW!

iesquer@ywcacucson.org
520-884-7810 ext. 7127



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**Women's Leadership
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**Safe Space: A Mental and
Emotional Wellness
Program During COVID-19
(For parents and children
13+)**



Saturdays

12-1:30pm

Starting September 19, 2020.

Register Now!

520-884-7810 Ext. 7127

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